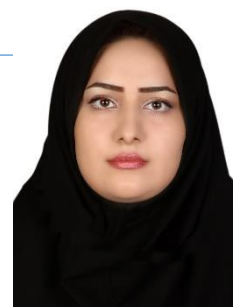


Golnaz Azami, PhD

Department of Emergency Medicine, Faculty of Paramedical Sciences, Kurdistan University of Medical Sciences, Sanandaj, Iran

+989183446450 golnaz.azami64@gmail.com & golnaz.azami@muk.ac.ir



Profile

Enthusiastic, compassionate nursing professional with 8 years of experience as a Registered Nurse. Possess a superior knowledge of the nursing processes, professional standards of nursing, and a track record of maintaining confidentiality and protecting sensitive data at all times. Unsurpassed knowledge of symptoms and complications associated with chronic diseases and enhancing health promotion. Ability to immediately identify medical and surgical complications by conducting ongoing surveillance. Thorough working knowledge of diabetes, cardiovascular diseases, chronic neurological diseases, and pain management. Committed to enhancing the quality of patient care through competent, skilled nursing diagnoses, promising patients a healthier and happy life.

Have a superior interest in scholarship of teaching and learning (SOTL) which encourages the ongoing and systematic investigation into student learning in hopes that effective practices might be documented and made publicly available. Being a faculty member for almost two years, it is undeniably obvious that teaching has become even more challenging following the outbreak of the COVID-19 pandemic. The COVID-19 outbreak affected all sectors including health, education, economy, trading, and agriculture. In many ways, technology has dramatically changed education. The use of technology in education has become a lifeline during the COVID-19 pandemic, with the distinctive rise of e-learning, whereby teaching is undertaken remotely and on digital platforms. In the aftermath of the COVID-19 crisis, the education environment is forced to change from a tradition classroom setting to online learning approaches. Evaluating whether students learn the intended outcome when using a teaching method is an essential part of education, as well as the actual teaching process. My evolving views about learning are influenced by my life both as a faculty member and as a SoTL scholar. As a faculty member, I love to explore big ideas that are at once omnipresent in our teaching and learning environment and also rarely considered in any depth.

Educational background

(PhD) Nursing, University Putra Malaysia, Malaysia	October 2014 to April 2019
(MSc) nursing sciences, university Malaysia, Malaysia	September 2012 to June 2014
(BSc) Nursing, Ilam University of Medical Sciences, Iran	October 2004 to July 2009

Publications

❖ Review article:

- Azami, G., Soh, K. L., Sazlina, S. G., Salmiah, M. S., & Aazami, S. (2018). Behavioral interventions to improve self-management in Iranian adults with type 2 diabetes: a systematic review and meta-analysis. *Journal of Diabetes & Metabolic Disorders*, 1-16.

❖ Original articles:

- Yary, Teymoor, Kourosh Soleimannejad, A. Rahim, Mirnalini Kandiah, Sanaz Aazami, J. Poor, T. Wee, and Golnaz Azami. "Contribution of diet and major depression to incidence of acute myocardial infarction (AMI)." *Lipids Health Dis*9, no. 133,511 (2010).
- Aazami, S., Shamsuddin, K., Akmal, S., & Azami, G. (2015). The relationship between job satisfaction and psychological/physical health among Malaysian working women. *The Malaysian journal of medical sciences: MJMS*, 22(4), 40.
- Mozafari, M., Azami, G., Dehkordi, M. L., & Aazami, S. (2016). Validation of multidimensional Persian version of the work-family conflict questionnaire among nurses. *The international journal of occupational and environmental medicine*, 7(3), 164.
- G Azami, K. L. Soh, S. G. Sazlina, M. S. Salmiah, S Aazami, M Mozafari, H Taghinejad (2018). Effect of a Nurse-Led Diabetes Self-Management Education Program on Glycosylated Hemoglobin among Adults with Type 2 Diabetes. *Journal of diabetes research*. Volume 2018, Article ID 4930157.
- G Azami, K. L. Soh, S. G. Sazlina, M. S. Salmiah, S Aazami, M Mozafari, H Taghinejad (2018). Validation of the Iranian/Persian Version of the Perceived Therapeutic Efficacy Scale for Type 2 Diabetes. *Archives of Iranian Medicine*. Vol. 21 Issue 8, p356-361.
- Azami, G., Soh, K. L., Sazlina, S. G., Salmiah, M. S., & Aazami, S. (2018). Behavioral interventions to improve self-management in Iranian adults with type 2 diabetes: a systematic review and meta-analysis. *Journal of Diabetes & Metabolic Disorders*, 1-16.
- Azami, G., Soh, K. L., Sazlina, S. G., Salmiah, M. S., Aazami, S., Mozafari, M., ... & Badakhsh, B. (2019). Developing and Validating the Educational Materials for a Nurse-Led Self-Management Education in Adults with Type 2 Diabetes. *International Journal of Diabetes and Metabolism*, 24(1-4), 1-10.
- Azami, G., Soh, K. L., Sazlina, S. G., Salmiah, M. S., Khosravi, A., Aazami, S., & Valizadeh, R. (2019). The Effect of Depression on Poor Glycemic Control in Adults with Type 2 Diabetes: The Mediating Roles of Self-Efficacy and Self-Management Behaviors. *International Journal of Diabetes and Metabolism*, 25(3), 62-71.
- Suhrabi, Z., Akbari, M., Taghinejad, H., & Azami, G. (2019). Comparing the Effect of Dextrose and Oxytocin to Reduce Postpartum Hemorrhage: Randomized Controlled Trial. *Journal of Clinical & Diagnostic Research*, 13(7).
- Azami, G., Soh, K. L., Sazlina, S. G., Salmiah, M. S., Aazami, S., Mozafari, M., M., Babashahi. The mediating roles of self-efficacy and diabetes self-management behaviors on the association between social support and glycemic control (2018). Accepted in the *MEDSURG Nursing: the Official Journal of the Academy of Medical-Surgical Nurses*.

- Azami, G., Lam, S. K., Shariff-Ghazali, S., Said, S. M., Aazami, S., & Mozafari, M. (2020). Predictors of Diabetes Self-Management Behaviors in Type 2 Diabetes Patients. *Iranian journal of diabetes and obesity*.
- Malek, M., Mozafari, M., Aazami, S., & Azami, G. (2020). Development and Validation of a Checklist to Assess the Elderly Attitude toward the Environmental Indicators (EA-EIs) of Nursing Home Facilities. *Journal of Aging and Environment*, 1-16.
- Mozafari, A. A., Mansournia, M. A., Sayehmiri, K., Ghiasi, B., Yaseri, M., & Azami, G. (2020). Effect of Lipid Abnormality on CKD Progression from Moderate to Severe Stage: Application of Flexible Parametric Proportional-Hazards and Proportional-Odds Models. *Iranian Red Crescent Medical Journal*, 22(7).
- Bazgir, N., Taghinezhad, F., Nourmohammadi, H., Azami, G., Ahmadi, I., & Mozafari, A. (2022). Comparing the COVID-19 Mortality Rate in Cancer Patients with and Without a History of Chemotherapy. *International Journal of Cancer Management*, 15(10).
- Azami, G., Mozafari, A., Kafashian, M., Aazami, S., & Ebrahimi, B. (2023). Helping a patient with a pre-existing mental health condition cope with depression and COVID-19 using the Neuman Systems Model: A single intrinsic case study. *Creative Nursing*, 29(3), 295-302.
- Azami, G., Aazami, S., Ebrahimi, B., & Emami, P. (2024). Development and psychometric evaluation of a 360-degree evaluation instrument to assess medical students' performance in clinical settings at the emergency medicine department in Iran: a methodological study. *Journal of Educational Evaluation for Health Professions*, 21.

❖ Case report:

- Khalighi, Z., Azami, G., Shafiei, E., Sahebi, A., & Mozafari, A. (2020). Thrombotic Thrombocytopenic Purpura Following Honeybee Envenomation: A Case Report. *International Journal of Medical Toxicology and Forensic Medicine*, 10(2).
- Khalighi, Z., Hashemi, F. S., Bazgir, N., Azami, G., & Shafiei, E. (2020). Induced Abortion by Vaginal Use of Aluminum Phosphide in a 44-Year-Old Woman: A Case Repor. *International Journal of Medical Toxicology and Forensic Medicine*, 10(2).

❖ Letter to the editor

- Norollahi, S., Mozafari, A., Azami, G., & Shafiei, E. (2021). Respiratory Distress and Meconium Aspiration Syndrome: Effect of Neonatal Resuscitation Program (NRP) in Ilam, Iran. *Iranian Journal of Pediatrics*, 31(3), 2.
- Nourmohammadi, H., Azami, G., Taghinezhad, F., & Shafiei, E. (2021). Risk and benefit of antiplatelet therapy in Covid-19 patients with cancer and thrombocytopenia: letter to the editor. *Cancer Investigation*, 39(3), 217-218.
- Adibi, A., Mozafari, A., Azami, G., Jamshidbeigi, T., & Sahebi, A. (2020). Stress reduction strategies in the coronavirus pandemic. *International journal of preventive medicine*, 11(7), 11-100.
- Azami, G., & Ebrahimi, B. (2023). alarming prevalence of comorbid conditions in adults with type 2 diabetes in Iran. *Journal of Diabetes & Metabolic Disorders*, 22(2), 1809-1811.

Education and training

(Award) Research Excellence Award at Shahid Mostafa Khomeini Hospital, Ilam, Iran. 2010.

(Award) Best presenter at the 6th regional congress of Ilam Medical Students, Iran, Ilam University of Medical Science, 6-7 March 2018.

8th Iranian epidemiology congress & 1st international congress of clinical epidemiology, Ilam University of Medical Sciences as poster presenter, Ilam, 27-29 April 2016.

6th Regional Congress of Ilam Medical Students. Ilam university of Medical Science as poster presenter, Ilam, 6-8 March 2018.

Health promotion project, women's power against cancer, University Malaysia, Malaysia, 11th May 2013.

Manuscript completion workshop, University Malaysia, Malaysia, 3-4 June 2014.

Research tools: supportive research and publication workshop. University Putra Malaysia, 15th March 2015.

Certified in Good Clinical Practice (GCP) by the Ministry of Health of Malaysia for the execution and management of clinical trial research, 2018.

(Award) Achieving First Place in the Academic Proceedings of the Shahid Motahari Festival in 2024 at Kurdistan University of Medical Sciences.

(Award) Achieving Second Place at the International "Simorgh" Festival organized by the Ministry of Health in 2024.

(Award) Achieving First Place in the University Round of the Quran and Etrat Festival organized by the Ministry of Health and Medical Education, as well as securing First Place at the National Level of the Same Festival in 2024 (Declared Without Ranking).

Acknowledged as an Esteemed Speaker in the Panel on "Effective Strategies and Innovations in Teaching and Learning" at the First Provincial ETAA Festival hosted by Kurdistan University of Medical Sciences in 2024.

Professional experience

❖ Nurse-primary and secondary care and chronic diseases

Shahid Mostafa Khomeni, Ilam university of medical Science, Ilam, Iran
September 2009- May 2011

-
- Employed proactive chronic disease management, providing support and supervision for colleagues
 - Mobilized the collection and collation of relevant data for health and well-being needs, and leverage data acquired to raise awareness and promotion of health and well-being
 - Managed chronic illness as cognitive heart failure, COPD, hypertension, hyperlipidemia, diabetes, and chronic kidney disease, focuses on health promotion and disease prevention
 - Diagnosed or treat complex, unstable, comorbid, episodic, or emergency conditions in collaboration with other health care providers
 - Implemented a therapeutic regimen or pharmacotherapy and executed therapeutic procedures as prescribed.
 - Managed patient`s health in terms of pain, symptom management; helped to alleviate the suffering of patients nearing the end of life who are going through pain, difficulty in breathing, oral secretions, and other symptoms through the administration of prescribed medication and educating caregiver/family about administering the drugs.
 - Strategically executed clinical plans of care for adult patients facing chronic and complex conditions.
 - Supported patients and their families with their physical and psychological needs, with assistance from relevant personnel.

❖ **Clinical care-intensive care unit**

Shahid Mostafa Khomeni, Ilam university of medical Science, Ilam, Iran

July 2018-October 208

-
- Implemented care plans for patient treatment after assessing physician medical regimens
 - Managed patients recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention, and pain management
 - Cared for patients in 16-bed unit, supporting fellow nurses in delivering outstanding treatment to patients
 - Communicated with healthcare team members to plan, implement, and enhance treatment strategies
 - Updated patient charts with data such as medications to keep records current and support proper treatment

❖ **A Board member of the accreditation of hospitals and medical education at Shahid Mostafa Khomeini Hospital, Ilam, Iran, May 2019 to March 2021.**

Accreditation systems will enable medical school graduates in the Region to meet the requirements of global standards for medical education and practice. Accreditation provides support for continuous quality improvement in medical education and safeguards the medical profession. By complying with accepted regional or national standards, medical schools will play a leading role in improving health systems performance and promoting health. The following tasks were conducted as a Board member of the accreditation of hospitals and medical education:

- Collecting and reviewing data about the hospital and its educational program according to accepted standards of accreditation.
- Identifying institutional strengths and issues requiring action to meet the accepted standards.
- Defining strategies to ensure that strengths are maintained and problems addressed.

❖ **A Board member of education development center (EDC) at Shahid Mostafa Khomeini Hospital, Ilam, Iran, May 2019 to March 2021.**

Responsibilities at the faculty of Paramedical sciences, Kurdistan University of Medical Sciences, Sanadaj, Iran

- Deputy Dean of Educational affairs at the Faculty of Paramedical Sciences since 2024.
 - Deputy Dean of Research and Technology at the Faculty of Paramedical Sciences since 2024.
 - Chair of the Accreditation Committee at the Faculty of Paramedical Sciences, serving since 2022.
 - Served as a Member of the Education Council of the Faculty of Paramedical Sciences, since 2022.
 - Served as a Member of the Research Council of the Faculty of Paramedical Sciences, since 2022.
 - Served as a Member of the Curriculum Planning Committee of the Faculty of Paramedical Sciences, since 2024.
 - Served as a Member of the Executive Committee for Examinations of the Faculty of Paramedical Sciences, since 2024.
 - Member of the International Education Task Force at Kurdistan University of Medical Sciences, since 2023.
 - Scientific Reviewer for the Sixteenth Shahid Motahari University Educational Festival on Innovative Processes in 2023.
 - Member of the Specialized Task Force for Comprehensive Quality Management in Education at Kurdistan University of Medical Sciences since 2023.
 - Member of the Scientific Committee of the Pre-Hospital Emergency Education Center at Kurdistan University of Medical Sciences since 2023.
 - Member of the Scientific Committee of Diabetes education at Kurdistan University of Medical Sciences since 2024.
-

- Member of the Faculty Evaluation Committee Task Force at Kurdistan University of Medical Sciences since 2024
- Member of the Technology Enhanced Learning (TEL) Task Force at Kurdistan University of Medical Sciences since 2023.
- Designation as Faculty Advisor for Emergency Medicine Students since 2022.
- Designation as Faculty Advisor for international Students since 2023.
- Head of International Student unit at the faculty of Paramedical Sciences, 2023.
- Head of the Student Scientific Association at the School of Paramedical Sciences, 2023.

❖ **Journal reviewer**

- Journal Reviewer for Journal of diabetes and Metabolic Disorders since 2018.
- Journal Reviewer for Japan Journal of Nursing Science since June 2019.
- Journal reviewer for Irish Journal of Medical Sciences Since April 2020.
- Journal reviewer for Geriatric Nursing since 2023.
- Journal reviewer for BMC Primary care since 2023.
- Journal reviewer for BMC Nursing since 2024.
- Journal reviewer for BMC Psychology since 2023.
- Journal reviewer for BMC geriatric since 2023.
- Journal reviewer for BMC Endocrine Disorders since 2023.
- Journal reviewer for BMC Health services research since 2023.
- Journal reviewer for BMC Oral Health since 2023.
- Journal reviewer for BMC Public Health since 2023.
- Journal reviewer for Scientific Journal of Kurdistan University of Medical Sciences since 2023.

Technical skills

• **Communication/Teamwork**

-Positive interpersonal skills demonstrated through teaching and collaborating as part of research

teams

-Proven ability to be a productive team member through interaction with staff and peers, attendance

and contribution at meetings

• **Research**

-Have substantial experience in designing and conducting a broad range of health services research protocols involving patients with chronic disease and older persons.

-Project management

-Data analysis

- **Administration**

- Well-developed planning and organizational skills with the ability to priorities multiple tasks, set and meet deadlines, demonstrated in work and academic outcomes

- **Computer Skills**

- Microsoft office (word, excel, PowerPoint),

- SPSS Software,

- RevMan software

- AMOS software